

Swim Lessons Rules

- All members swim at their own risk
- Parents must remain present and supervise their children on the pool deck before the lesson begins.
 - Swimming students must wait to enter the water until the instructor indicates they are ready for them to do so.
 - Parents are required to pick-up their children promptly at the end of the lesson. Children may not remain in the pool after the lesson has concluded.
- No food or glass is permitted in the pool area.
- Running, diving, jumping, pushing and rough play are forbidden.
- SAC management prohibits children under the age of sixteen years (<16) to enter or use the hot tub in any way at any time.
 - Washington State Law prohibits children under the age of six years (<6) to be in the hot tub in any way at any time.
- Only children scheduled to attend swim lessons may be in the pool area.
 - Children not attending lessons must be checked-in to the child-care area.
- Non-members may not use the pool or hot tub while their child is in lessons.
- Disruptive or persons exhibiting risky behavior will be instructed to leave the pool or pool area by SAC staff.
 - Ejected students must be subsequently supervised by their respective accompanying adult or checked-in to the child-care area.
- Children under the age of sixteen years (<16) may not be in the pool area or locker rooms without their respective accompanying adult supervision.
- Everyone must shower thoroughly before entering the pool.
- Long hair must be secured before class begins.
- Wet swimsuits are only allowed in the pool or locker areas.
- Credits and make-up lessons are only offered at the discretion and approval of the SAC Aquatics Director
- Children five years of age and above (≥ 5) cannot be in a locker room of the opposite sex